

# JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Yogurt Parfait Fruit Veggies	3 Chicken Nuggets Fruit Veggies	4 Sunbutter & Jelly Sandwich Fruit Veggies	5 Mac & Cheese Fruit Veggies	6 Pizza Fruit Veggies	7
8	9 Ham & Cheese Sandwich Fruit Veggies	10 Meatballs Fruit Veggies	11 Pasta Fruit Veggies	12 Waffles Fruit Veggies	13 Pizza Fruit Veggies	14
15	16 No School	17 Yogurt Parfait Fruit Veggies	18 Turkey Dogs Fruit Veggies	19 Sunbutter & Jelly Sandwich Fruit Veggies	20 Pizza Fruit Veggies	21
22	23 Waffles Fruit Veggies	24 Mac & Cheese Fruit Veggies	25 Ham & Cheese Sandwich Fruit Veggies	26 Chicken Nuggets Fruit Veggies	27 Pizza Fruit Veggies	28
29	30 Meatballs Fruit Veggies	31 French Toast Sticks Fruit Veggies				